




INCLUDED MATERIALS

Double-Sided Counseling Charts (English & Spanish)
"How Well Does Birth Control Work?" / "OOPS Emergency contraception": Tear Sheet Pad Laminated Chart
"How Well Does Birth Control Work?" Poster (English & Spanish)
"OOPS Emergency contraception: Birth Control that Works After Sex" Poster (English & Spanish)
Copper T as Emergency Contraception" Poster (English & Spanish)
"IUDs and the Implant" Brochure (English & Spanish)
Flash Drive
Laminated copies of: Summary Chart of U.S. Medical Eligibility Criteria for Contraceptive Use Effectiveness of Family Planning Methods How to Be Reasonably Certain That a Woman is Not Pregnant LARC Insertion & Removal Supply List
Contraceptive Counseling materials can be ordered free of charge from Bixby at: https://docs.google.com/forms/d/e/1FAIpQLSc1Bv-gwWwk6A9koG2FocAEHyUpOINNzuGcAvvVv7GO12vuxw/viewform

TOP RESOURCES

All CDC US Medical Eligibility Criteria resources:  https://www.cdc.gov/reproductivehealth/contraception/usmec.htm
Bedsider contraceptive info resource for patients and clinicians: www.bedsider.org
Contraceptive Choice project: https://contraceptivechoice.wustl.edu/what-we-do/pathway-to-choice/
Minors' Consent Law for Reproductive Health: https://editor.guttmacher.org/state-policy/explore/overview-minors-consent-law
American Academy of Pediatrics 2014 Statement Approving LARC as Contraception for Adolescents: http://pediatrics.aappublications.org/content/134/4/e1244
ACOG 2016 Committee Opinion on Clinical Challenges of LARC Methods: http://www.acog.org/Resources-And-Publications/Committee-Opinions/Committee-on-Gynecologic-Practice/Clinical-Challenges-of-Long-Acting-Reversible-Contraceptive-Methods
LARC Statement of Principles sponsored by SisterSong & The National Women's Health Network: https://www.adolescenthealth.org/SAHM_Main/media/Advocacy/2016%20Sign%20on/LARC-Statement-of-Principles-correct-formatting-as-of-10-27-16.pdf 
Women or LARC first? Reproductive autonomy and the promotion of long-acting reversible contraceptive methods- Gomez, Fuentes & Allina (2014) 

LARC Mentoring Program (LMP)

625 Silver Ave. SW, Suite 324
Albuquerque, NM 87102
505.925.7600 Fax 505.925-7601
www.envisionnm.org

CLINICAL TOOLS

CDC US Medical Eligibility Criteria chart:

https://www.cdc.gov/reproductivehealth/contraception/pdf/summary-chart-us-medical-eligibility-criteria_508tagged.pdf

When to Start Contraception/How to Be Reasonably Sure One is Not Pregnant (CDC):

https://www.cdc.gov/reproductivehealth/contraception/pdf/when-to-start_508tagged.pdf

Long Acting Reversible Contraception: First Line Care for Adolescents. Physicians for Reproductive and Sexual Health Education Program 

Progestin implant aftercare patient instructions:

<http://www.reproductiveaccess.org/resource/progestin-implant-aftercare-instructions/>

IUD aftercare patient instructions:

<http://www.reproductiveaccess.org/resource/iud-aftercare-instructions/>

Nexplanon insertion/removal instructions:

<https://www.merckconnect.com/nexplanon/insertion-removal.html?hcpUser=yes>

IUD Policy & Procedure:

<http://www.reproductiveaccess.org/resource/iud-policy-procedure/>

Implant Policy & Procedure:

<http://www.reproductiveaccess.org/resource/implant-policy/>

ACOG LARC program:

<http://www.acog.org/Resources-And-Publications/Committee-Opinions/Committee-on-Gynecologic-Practice/Increasing-Access-to-Contraceptive-Implants-and-Intrauterine-Devices-to-Reduce-Unintended-Pregnancy/More-Information>

MINOR COSENT AND HEALTH ADVOCACY

Minors' Consent Law For Reproductive Health:

<https://editor.guttmacher.org/state-policy/explore/overview-minors-consent-law>

Minor Consent for Services NM 

CDC Teen-Friendly Reproductive Health Visit:

https://www.cdc.gov/teenpregnancy/pdf/teenfriendlyclinic_8.5x11.pdf

SAM Position Paper on Confidential Health Care for Adolescents:


https://www.adolescenthealth.org/SAHM_Main/media/Advocacy/Positions/Aug-04-Confidential_Health_Care_for_Adolescents.pdf

Pegasus Legal Services Know UR Rights: <http://pegasuslaw.org/knowURights/>

REPRODUCTIVE JUSTICE

LARC Statement of Principles sponsored by SisterSong & The National Women's Health Network:

https://www.adolescenthealth.org/SAHM_Main/media/Advocacy/2016%20Sign%20on/LARC-Statement-of-Principles-correct-formatting-as-of-10-27-16.pdf

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DOCUMENTATION TEMPLATES: HISTORY, COUNSELING & PATIENT EDUCATION

Reproductive Health History

Nexplanon Breakthrough Bleeding Counseling

Nexplanon Education & Counseling

IUD Education and Counseling

SAMPLE PROCEDURE NOTES

Nexplanon Subdermal Implant Placement:

<http://www.reproductiveaccess.org/resource/progestin-implant-insertion-note/>

Nexplanon Removal:

<http://www.reproductiveaccess.org/resource/progestin-implant-removal-note/>

IUD Insertion:

<http://www.reproductiveaccess.org/resource/iud-insertion-note/>

IUD Removal:

<http://www.reproductiveaccess.org/resource/iud-removal-note/>

INSTRUCTIONAL VIDEOS

Mirena IUD insertion videos (insertion is the same procedure for Skyla & Kyleena IUD):

<https://hcp.mirena-us.com/mirena-insertion-removal-video/>

Paragard IUD insertion video:

<http://hcp.paragard.com/Resources/Videos.aspx>

Liletta IUD Insertion video:

https://www.lilettahcp.com/about/liletta?guid=sem_goo_43700009884884037

Nexplanon removal video:

<https://vimeo.com/274167054>

LARC First, especially contraceptive counseling training videos and resources:

<http://larcfirst.com/counselors.html>

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