

Get Covered! Worksheet¹

There is a lot to think about when you are selecting health care coverage. To help you know that you're getting all of the important information you need to make a decision about your coverage options, take a few minutes to answer the questions below before you start to apply for coverage.

Your doctors, hospital, and pharmacy:

When selecting a health plan in the marketplace, you should consider whether the providers and clinics you currently use are part of the health plan's network. Write down the names of your providers below so it's easier to compare with the providers offered by the plans you are considering in the marketplace.

Main doctor:

Do you have a doctor you want to be able to see? This could be a specialist or a primary care doctor or both. If your main doctor is a specialist, it's important find out whether the health plan you select considers them also to be a primary care provider (PCP). If a plan does not consider your specialist to be a primary care provider, you may first need a PCP referral to be able to see your doctor. This could cost more and be less convenient. Write your main doctor's information below:

| Doctor's Name | Phone | Email |
|---------------|-------|-------|
| | | |

Other providers:

Do you see other providers that you want to continue to see? (Including: therapists, Ryan White/ADAP providers, surgeons, or community health workers.) Write their information below:

| Provider Name | Clinic/Hospital Name | Phone | Email |
|---------------|----------------------|-------|-------|
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| | | | |

¹ Adapted from "Obamacare & Y>U." A publication produced by GreaterThan.org.

Hospital:

Do you have a specific hospital you want to go to, if needed? If yes, write it below.

Hospital: _____

Pharmacy:

Do you have a favorite pharmacy for filling your prescriptions? Do you get medications from an ADAP (or AIDS Drug Assistance Program)? If yes, write the name of the pharmacy or facility below:

Pharmacy: _____

Medications:

All health plans available through the New Mexico health insurance exchange marketplace must cover prescription drugs. But the plans do have some flexibility in determining the list of specific drugs they cover. Thanks to the Affordable Care Act, your plan must cover the “class” of drug prescribed for your treatment, but that might not include the specific brand-name drug you’ve been taking, so you may have to take a different, though similar, medication. **

Write down the names of the prescription drugs or medications you take below so you can easily check them against the formularies for the plans available:

| | | |
|--------------|-------------------|----------------|
| Drug: | How Often: | Dosage: |

** Each plan must have a review process if you: (1) take a specific medication; (2) the plan does not cover that medication; (3) the medication is necessary to treat you; and, (4) there is no acceptable substitute; then the plan must cover that specific medication for you. A plan that already includes the medications you are taking, however, would avoid the review process and may be more convenient. **